



Next Meetings: Tues, Oct 15 7:30pm Tues, Nov 19 7:30pm

www.ASCAatl.org

ROEF

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Our Mission

Transform Atlanta's streets into safe, inclusive, and thriving spaces for people to ride, walk, and roll

Our Vision

An Atlanta where everyone moves safely, easily, and sustainably throughout the city



LETSPROPELATL.ORG

All Aboard!

Editorial Editor-in-Chief Lifestyle Editor Copy Editor

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ASCA Board

President Vice President Treasurer Member At Large All Aboard Editor

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Volunteer Opportunities at All Aboard!

The Atlantic Station Civic Association (ASCA) is thrilled to offer exciting volunteer fully remote opportunities with our free e-magazine. See **Join Us!** for more information.

Contributor Guidelines

Lifestyle - contact the editor with your idea, at ASCA.AllAboard.Lifestyle@gmail.com. Neighbor to Neighbor - send to ASCA.AllAboard.Editor@gmail.com with your name and property name Dining Car - send your recipe or review and a photo of the finished dish to ASCA.AllAboard.Editor@gmail.com Classifieds - send your information including the type of ad you desire to ASCA.AllAboard.Sales. You will be informed whether your ad has been accepted, and if so, make payment at that time. Ads - please contact ASCA.AllAboard.Sales@tmail.com

Letters to the Editor should be sent to ASA.AllAboard.Editor@gmail.com. Outside the Station - up to about 300 words to ASCA.AllAboard.Editor@gmail.com

The deadline for insertions is the first business day of the month prior to publication, e.g., the first business day of July for the August-September issue. In providing content you agree that you are doing so without expectation of payment, and that All Aboard! staff is free to make any editorial changes deemed necessary. Copyright ©2024 the Atlantic Station Civic Association (ASCA). All rights reserved.

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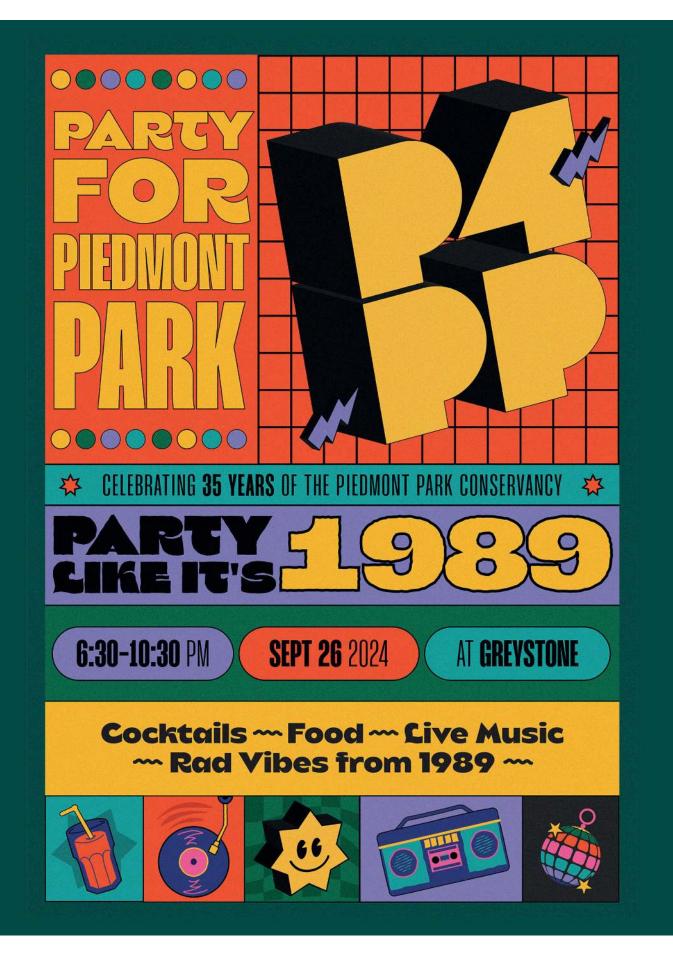
Thank you for respecting our intellectual property rights and supporting our efforts to provide quality content to the community.

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Sign up here from any device.



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empowering our community: How ASCA is helping board members

and residents self-organize.

asca goes online ASCA has a shiny new website to keep

you informed between issues of All Aboard!

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empowering our community: how asca is helping board members and residents self-organize

In Atlantic Station, many of us are familiar with the influence developers have over our community. While developer control has been a significant factor in shaping Atlantic Station's growth, it also presents challenges for the residents and boards that represent our interests. At the Atlantic Station Civic Association (ASCA), we believe in empowering board members to self-organize, giving our community a greater voice in decisions that affect our homes and shared spaces.

The Role of Developer Control

Developer control, while essential during the early stages of a community's growth, can sometimes limit the input of residents and board members. In Atlantic Station, the relationship between the developer, Hines, and the community boards has historically resulted in decisions being made without adequate resident involvement. This can make it difficult for the people who live and work here to influence important issues like financial transparency, pedestrian safety, and neighborhood improvements.

However, the tide is shifting. As more boards and residents come together to advocate for their rights, ASCA is stepping in to facilitate meaningful discussions, offering resources, and helping to foster a sense of community ownership.

ASCA's Mission: Organizing for a Thriving Community

Our goal at ASCA is simple: to help community boards self-organize, connect, and build a thriving community. We are here to support board members, offering a platform for open dialogue and collaboration. By providing the tools and resources needed to self-manage effectively, we believe that we can enhance the quality of life for all Atlantic Station residents. Through our efforts, we're helping community leaders build their confidence in navigating complex issues like budgeting, neighborhood safety, and transparency. ASCA encourages collective decision-making, ensuring that the voice of every board member and resident is heard.

Upcoming Meetings: Stay Informed and Involved

The next Annual Meeting of the board of directors of Atlantic Station and Hines will take place on September 30th. All community boards have been invited to attend, and ASCA will be there to ensure that information is relayed back to the community.

We invite you to join us at our next monthly ASCA meeting on October 15th at 7:30 PM (google cal link), where we'll share key takeaways from the Annual Meeting and continue our discussions on how we can work together to create a vibrant, thriving Atlantic Station. This is your opportunity to stay informed, share your voice, and become an active participant in shaping the future of our community.

Let's Build a Stronger Future Together

At ASCA, we believe that when board members and residents come together, we can achieve amazing things. Through self-organization and open dialogue, we can address the challenges of developer control and make Atlantic Station the best it can be for everyone.

Stay tuned for more updates, and we look forward to seeing you at our upcoming meetings!

asca goes online

All Aboard! is a bimontly magazine, and our regular meetings are monthly. That has meant that things newsworthy and timely could have to wait up to a month before seeing daylight, and in the case of folks who don't attend the meetings, up to two months. Obviously that is not optimal. Fortunately, it is no longer a concern.

ASCA is now online!

That's right. As of September 21, you can visit the ASCA website at ASCAatl.org

Not only will news and information be posted there, but you will also find a summary of each monthly meeting with a link to the meeting recording, and an archive of all issues of All Aboard!

As with our e-magazine, if you have an interest in contribuing your talent to the website, please contact us!

lifestyle

September is Suicide Prevention Month

- Holly Shikano

Please join me in trying to tackle the topic of suicide from a layman's perspective. Suicide is the second most common cause of death for college-age kids, and we are losing 22 military veterans a day in the U.S. In the U.S. mental health and suicide are topics that make people feel uncomfortable, but ignoring people in pain or ignoring our own pain can be a recipe for disaster. As someone who works with college students in my day-to-day work, I have sought out resources to help people. I am not a mental health professional, but I have been trained in suicide prevention.

This month, I thought I would share a strategy to talk with loved ones or friends who seem to be unusually stressed, oddly quick to anger, or who may be exhibiting other signs of depression or concern. There is a training program, called QPR Gatekeeper training. It is really a simple strategy to approach a friend if you are concerned for their mental health. QPR stands for Question, Persuade and Refer, and is taught in the program with role-play, where you can practice asking questions.

Question: Asking someone if they are thinking of hurting themselves is important if we are going to connect people to resources, but I can assure you the first time you ask someone and they say, "yes, I am thinking of hurting myself" it helps to already know the local resources. Many people fear asking the question, as they don't want to plant the seed of suicide, but asking the question can reduce the chances of an impulsive act. **Persuade:** Getting people to professional support is not so easy, so you may need to convince your friend or loved one to call a professional. I joke with the college students I teach that they have the power of persuasion – to get extra time on a homework assignment, to get their favorite meal for the birthdays, etc. So I need them to use those skills to persuade people to get support.

Refer: There are a lot of resources you can share. Two easy to remember ones are the new 9-8-8, a national suicide hotline, or the ever more popular Text Line 741-741 are great resources to share.

It is my understanding that suicide is not due to the problem people are having, but instead suicide to them is sometimes the only way out of other issues people are experiencing. So QPR can help people see there is another way out of their pain. There are often external stressors like financial, relationship, career, academic, social, or substance abuse, issues that are making suicide seem like an option. If we can connect people to professional help in a crisis, it is possible they can get through the immediate crisis and, ideally, find other solutions to the underlying issues.

If you are reading this and have had thoughts of hurting yourself in the last month, you are not alone, and I encourage you to reach out to one of the hotlines, **voice: 9-8-8** or **text: 741-741**. If your car needed new brakes you would go to a mechanic. If you are in a mental health crisis, reach out for support to a professional, and if you are interested in hosting a QPR Training in your Home Owner's Association community, reach out through the ASCA and we can organize a session.

Nov. 5, 2024: Election Day

- Holly Shikano

Living in a swing state, it is impossible to miss the campaign ads if you watch any amount of network TV. If you are on Facebook, Instagram or Threads, you can read friends' posts and maybe even get your eyes on some posts created with AI, or fictitious press sites created by robots of some kind. I am not AI savvy, nor big into learning how bots can post on folks' pages, but I am keen on making an informed decision at the ballot box.

People have fought and died for the right to vote, so if you are a citizen and eligible to vote, exercise your right. I encourage you to do your own research. Both candidates have held public office before and have made statements, signed or voted for bills. Both candidates have websites where their policies, intentions and fundraising information is located. Believe who they show us they are. I encourage you to talk one on one with family and friends, when people are not hungry. angry, lonely or tired, about why they are supporting a specific candidate, and see if you agree. No one needs to know how you vote, but you should know who you support, and why, prior to walking into the booth on November 5th or before. Don't press folks if they don't walk to

2024 ELECTIC	ON CALENDAR	AND HIGHLIGHTS					
While comprehensive, not all events are listed. The purpose of this calendar is to provide information on deadlines for election activities. When the last day for the exercise of any privilege or discharge of any duty fall on a Saturday, Sunday, or legal holiday the next succeeding business day shall be the last day to exercise such duty. O.C.G.A. § 21-2-14. Click the link to access <u>Q.C.G.A. TITLE 21 – ELECTION CODE</u>							
ELECTION	ELECTION DATE	ADVANCE VOTING DATES	REGISTRATION				
			DEADLINE				
Presidential Preference Primary (PPP) Special Election - County/Municipal Contests	March 12, 2024	February 19 – March 8	DEADLINE 02/12/2024				
	March 12, 2024 April 9, 2024	February 19 – March 8 As soon as possible, but no later than April 1 – April 5					

June 18, 2024

November 5, 2024

December 3, 2024

As soon as possible, but no later

than June 10 – June 14

October 15 - November 1

As soon as possible, but no later than November 25 - November 27

General Primary / Nonpartisan Runoff

neral Electio

off for Federal C

off for Federal Offices

discuss, but civil discourse around elections is something that really can help you make up your mind if you are undecided.

Steps to Take

Prior to the election be sure you are registered still, at the Georgia Registration site. **https://** georgia.gov/register-vote. If you have not voted in 2 years they can purge you, by law, so make sure you are still registered.

You must register to vote by October 7, 2024 if you have not registered before, or if they purged you. October 15, 2024, Early In-Person voting begins. You can request an absentee ballot up until October 25, 2024.

In person voting on Election Day, for many of us, is at Anticoch Baptisit Church on Northside Drive.



The High Museum is one of the closest early voting locations if you prefer to vote early and don't want to have to drive or park anywhere..

Remember there are no "do-overs," so vote so your voice is heard.

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04/22/2024

05/20/2024

10/07/2024

11/04/2024



Dozens of free community events to enjoy this season. Just around the corner from Atlantic Station.

Midtown Alliance is on the ground every week, delivering a fun lineup of free community events you won't want to miss.

Experience the best of Atlanta, from outdoor movie nights and yoga at 10th and Peachtree to live music at 15th and Peachtree.

Bring your friends. Make new friends. Discover events in Midtown Atlanta. Minutes from Atlantic Station. In the heart of it all.

MIDTOWNATL.COM/EVENTS



inside the Station

nside the Station is a regularly appearing feature for photographs of anything interesting in Atlantic Station. Readers are invited to submit photos taken by themselves for inclusion in this section.



Holly Shikano



the dining car

The Dining Car is about all things food: eateries in and around Atlantic Station, recipes, and food news. With this first issue, we are pleased to bring you both a spotlight on one of the Station's cafés, and recent opening information for local eateries.



The Atlantic Station Civic Association recently approved a liquor license for Illy. Keep an eye out ... they plan on new extended hours and a new menu with breakfast, brunch and dinner, beer, wine and cocktails!



1055 Howell Mill Rd - West Midtown Tacos · Breakfast & Bruch · Tex-Mex



The Sparrow

950 W Peachtree St NW - Midtown Asian Fusion







Kyuramen x TBaar

1801 Howell Mill Rd NW - West Midtown Ramen







neighbor to neighbor

This regular feature is a chance for residents to contribute their own creations for the enjoyment of the community, be it photographs, art, crafts, poetry, short stories, etc. Our editor has contributed some of the photographs he has taken in his travels.



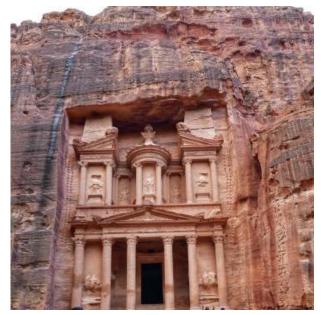
Giza, Egypt



Megiddo (Armageddon), Israel



Bethlehem, West Bank



Petra, Jordan

puzzled?

Word Search

Each space must be filled with a number between 1 and 9, and each number can only be used once in each row, column, and square. The solution will be printed in the next issue.

Friends

R	0	Ε	Е	W	Α	I	Т	R	Е	S	S	Е	Y
С	Ε	J	В	U	Α	Ρ	Α	R	Т	Μ	Ε	N	Т
R	U	С	Ε	N	Т	R	Α	L	Ρ	Ε	R	K	R
Т	G	A	Ε	R	Y	Ε	В	Ε	0	H	P	Е	I
F	W	Ε	F	R	I	Ε	N	D	S	L	В	Т	В
N	R	Y	L	L	R	0	S	S	N	Α	D	G	В
G	С	N	A	L	В	Ε	L	Т	Т	A	M	Ε	I
Μ	U	R	R	В	Е	Т	Т	L	Μ	Ρ	Е	J	Α
Ε	A	Ε	Α	R	S	R	Μ	Α	J	0	0	Α	Ν
F	L	Ε	Н	С	Α	R	Ν	Т	Ε	Ε	N	Ε	I
G	U	N	Т	Η	Ε	R	Κ	S	Y	В	S	R	G
W	0	R	D	U	Κ	Α	S	Ι	L	Α	N	Т	Ρ
В	U	F	F	Α	Y	Y	Κ	R	0	Y	W	Ε	Ν
L	Α	С	I	Ν	0	Μ	R	в	I	N	G	Α	В

GELLER TRIBBIANI GUNTHER RACHEL MATT LEBLANC BUFFAY MONICA ROSS LISA KUDROW GREEN APARTMENT WAITRESS NEW YORK CENTRAL PERK FRIENDS PHOEBE BING

JOEY

Solution to Types of Dogs - Aug/Sep Issue



Sudoku

Each space must be filled with a number between 1 and 9, and each number can only be used once in each row, column, and square. The solution will be printed in the next issue.

	1		4	2		9	7	5
2		9		5	1	6	4	
	4	3	9			8		2
			7		5			1
4		7	1		2		6	
8	5				4			
3				1				
	9		3					6
1				7			8	

Solution to the Aug/Sep Issue

How Many Words?

How many words can be made from the word: **LABOR**? Words must be 2 or more characters, and not proper nouns. The solution (total number of words) will be printed in the next issue.

How many words can be made from the word: ATLANTIC? How close did you get to 107?

happenings

October

ASCA

Monthly Meeting 15 7:30-8:30pm Atlantic Station (dates subject to change) Fall Creator's Market 5,6,13,19,26,27 11-9pm Adoptoberfest 6 11am Improv on the Green 3 7-8pm EVECE Walk for Life 5K 5 8:30am* Making Strides vs Breast Cancer 12 9am* Throwback Thursday 17 7pm PNC Mile & Dash 19 9am* PNC 10 mi & 5K 20 7:15am* Atlanta Mimosa Festival 19 1pm Breakthrough T1D Wakl 26 7:30am* Hobnob Halloween 26 7pm

*some streets might be closed Midtown Alliance

Midtown Live After 5 3,9,10,16,17 5:30-7:30pm Midtown Studio Res Discussion 3 5:30-7:30pm Midtown Movie Night 17 7pm Plaza Party @ MARTA Nort Ave 10 5-8pm Midtown Artisan Markets 12 12-6pm Mix It Up Fall Networking 16 5-7:30pm Yoga Flow at 10th St Park 1,8,15 6-7pm Midtown Walk Challenge 22-30

Piedmont Park

Painting Pumpins Workshop 1 6:30-8:30am Atlanta Public Schools XC Meet 1 5-7:30pm Green Market 5,19 9am-1pm Guided History Tour 5,12,19 10-11:30am Light the Night 5 5-10pm Cider Making Workshp 9 6-7:30pm Atlanta Pride Festival 12,13 5-10pm Atlanta Pride Trans March 12 1:45-2:45pm Atlanta Pride Bi/Pan March 12 3:30-4:30pm Atlanta Pride Bi/Pan March 12 5-6pm Atlanta Pride Parade 12 12-4pm Fall Fun Camp 14-18 9-4pm Active Oval Yoga 17 6-7pm

Atlanta Track Club

Midweek Mile & Dash 9 Grand Prix XC 5K 9 PNC Mile & Dash 19 9am PNC 10 mi & 5K 20 7:15am

PropelATL

True Beginners Age 13+ 3,17 4pm True Beginners All Ages 5,19 10am #VoteATL (Post 3) Forum 3 6pm TE-bike Class with Edison Bikes 12 10am GA Tech City Cycling 30 4:30pm

happenings

November

ASCA

Monthly Meeting 19 7:30-8:30pm Atlantic Station (dates subject to change) Fall Creator's Market 2,3,9,10,16,17 11-9pm

Fall Creator's Market 23,03,10,17,17 Fall Creator's Market 23,24 11-9pm Holiday Creator's Market 30 12-9pm Midtown Alliance

Plaza Party @ MARTA Nort Ave 7 5-8pm Midtown Artisan Markets 24 12-6pm

Piedmont Park

Green Market 2,9,16,23,30 9am-1pm Guided History Tour 2,9,16,23,30 10-11:30am Rescue Dog Games 2 11am-6pm Out of the Darkness Walk 3 11am-5pm Agape 5K Run for Love 9 8-11am Rose Market 16 1-5pm TD Half Marathon,5K, Mile & Dash 28 7am-1pm Piedmon Holiday Market 30 8am-5pm Paint+Sip Celebration 22 6:30-8:30pm

Atlanta Track Club

Eastside Beltline 3K-10K 13 Mercedes-Benz MADD 5K, mile & dash 16 Invesco QQQ TD Half, 5K, mile & dash 28 PropelATL

True Beginners Age 13+ 14 4pm True Beginners All Ages 2,16 10am

Check for more and updated information:

www.midtownatl.com/explore/event-calendar atlanticstation.com/events/list piedmontpark.org/calendar letspropelatl.org/calendar atlantatrackclub.org/calendar

crime stats atlantic station

Jul 26 - Aug 25



classifieds

All Aboard! welcomes classified advertising by or for the residents and businesses of Atlantic Station.

Ads should fall under one of the following categories:

Items for sale Furniture and sports equipment, used appliances, etc.

Items for rent or lease Power tools, parking spots, etc.

Professional Services Accountants, realtors, massage therapists etc.

Non-professional Services Dog walkers, handyman, house cleaners, etc. Items available for free

Fees are based on the style of ad. There is no fee for items advertising free items:

- Basic \$5 per issue Plain text of up to 30 words
 Enhanced \$10 per issue Text with additional features like bold text, larger font, or highlighted background
 Photo Ads \$10 per issue
- a small photo or logo with the text **Display Ads** \$20 per issue per column inch Small box ads that include text,
 - photos, and graphic elements

We do not accept personal ads. We reserve the right to refuse any ad.

Please note that All Aboard! provides the classified ads section as a service to its readers. Neither All Aboard! nor the Atlantic Station Civic Assocation endorse or guarantee the accuracy, completeness, or reliability of any classified ad, nor the quality, safety, or legality of any items or services advertised. All transactions are conducted at the user's own risk. Neither All Aboard! nor the Atlantic Station Civic Association shall not be held liable for any damages or losses resulting from interactions or transactions between users arising from the classified ads. Readers are encouraged to exercise caution and perform due diligence when responding to any advertisement.



404-426-5841

join us!

The Atlantic Station Civic Association (ASCA) is thrilled to offer exciting volunteer fully remote opportunities with *All Aboard!* our free e-magazine.

We seek dedicated individuals passionate about community service and journalism. Join us and gain valuable experience in the dynamic world of digital publishing. Below are the volunteer positions and apprenticeships available:

Journalism

Conduct thorough research, interview sources, and stay updated on events related to the community Create compelling, well-structured articles and features

Participate in issue planning and collaborate with other team members to ensure cohesive and visually engaging storytelling

Content Writing

Craft engaging interviews, articles and features Collaborate with the editorial team to ensure highquality content.

Editing

Review and edit articles for clarity, grammar, and style

Ensure all content aligns with our editorial standards Provide constructive feedback to writers

Graphic Design

Create visually appealing graphics and layouts Design covers, infographics, and promotional materials

Work with the editorial team to enhance visual storytelling

Photography

Capture high-quality images for features Attend community events to document activities Collaborate with writers to enhance their stories

Social Media Coordination

Establish and manage our social media platforms Develop and schedule posts to engage our audience Adjust strategies to increase reach

Marketing

Assist in creating marketing campaigns Develop strategies to increase readership Coordinate with local businesses and organizations for partnerships

Event Planning and Coordination

Plan and organize community events and activities Coordinate logistics and manage event promotion Work with volunteers to ensure smooth event execution

Administrative Assistance

Provide administrative support to the editorial and marketing teams Manage communications, schedules, and records

Assist in volunteer coordination and training

Ad and Classified Sales

Build and maintain relationships with clients, Develop and implement sales strategies for commercial ad sales and paid classifieds Coordinate the placement of ads and manage deadlines

Each position offers a unique opportunity to develop skills, gain experience, and contribute to our community. If you're interested in any of these roles, please contact us at

ASCA.AllAboard.Editor@gmail.com.

Join us at All Aboard! and be a part of something special!